

Fagor Pressure Cookers



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Fagor Pressure Cookers: The Fast, Easy & Healthy Path to Good Nutrition

Eating and cooking nutritious meals does not have to be a time consuming chore. Using a Fagor pressure cooker, you can enjoy all of the freshest and healthiest ingredients from nature without sacrificing endless hours spent preparing them in the kitchen.

So many people choose to consume foods that have been nutritionally compromised, simply for the time and convenience factor. The surprising alternative is that by using a pressure cooker by Fagor, you can enjoy the most wholesome foods prepared in a flash. So skip the fat, high sodium content and artificial fillers found in fast foods! Pressure cookers are a key piece of equipment for following a sensible yet flavorful low-fat diet plan.

Steam veggies in minutes or cook beans and grains super fast with little or no pre-soaking involved. Hearty Soups, Stews and Chili can all be easy weeknight meals. Most people who have used a Fagor pressure will agree- the possibilities are nearly endless, making it one of the most versatile and coveted pieces of cookware available.

Pressure cooking cuts cooking time by as much as 70% and this retains healthy vitamins & nutrients in foods that are usually lost in long conventional cooking methods. Also, pressure cooking does not require oil, so fat content remains low while flavor is abundant. Also, the reduced cooking time helps to conserve energy in your kitchen! What's more is that because many recipes in the pressure cooker are "one pot meals" you'll spend less time washing multiple pots and pans afterwards.

Fagor also offers a variety of other products such as commercial specialty cookware, cookbooks and accessories. Read more about Fagor products at www.fagoramerica.com.

About Fagor: Fagor America Inc, headquartered in Lyndhurst, NJ, USA is a wholly owned subsidiary of Fagor Electrodomesticos, Spain. Fagor is currently

present in 100 countries, employs more than 12,000 people in 17 countries and operates 16 factories in 3 continents.

The Fagor brand name has been previously most visible in the United States since 1992 with high-quality stainless steel cookware as the core product offering, Fagor is currently positioned as a top cookware brand, sold at major retailers nationwide. Fagor America products can be found at **Macy's**, **Bloomingdale's**, **Bed Bath & Beyond**, **Linens 'n Things**, **Sur La Table**, **Cooking.com**, **Amazon.com** and many other department, housewares, specialty stores, direct mail and home shopping clubs.

Fagor has upheld major appliance private label operations in the US since 2001. In 2005, Fagor America Appliances Division was created, anticipating that US consumers will perceive the quality of products and category expertise that Fagor has to offer.

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